Telegraph Hill Centre classes and activities

Date: Summer Term (April-July 2018)

		Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
		Narthex	Lounge	Craft Room	Narthex	Lounge	Craft Room	Narthex	Lounge	Craft Room	Narthex	Lounge	Craft Room	Narthex	Lounge	Craft Room	Narthex	Lounge	Craft Room
4	8:00-8:30			CCC Club			CCC Club			CCC Club			CCC Club			CCC Club	Kettlebells		
5	8:30-9:00			CCC Club			CCC Club			CCC Club			CCC Club			CCC Club	Kettlebells		
6	9:00-9:30										Branching Out						(9:15) Kumon	(9.00am) Lingotots	
7	9:30-10:00										Branching Out	Boppin Bunnies					Kumon	Spanish and French	
8	10:00-10:30		Diddi Dance			(10:15) Yoga (Steph)					Branching Out	Boppin Bunnies		Yoga (Caroline)		MIND	Kumon	2.5 hours	
9	10:30-11:00		Diddi Dance			Yoga (Steph)					Branching Out	Boppin Bunnies		Yoga (Caroline)		MIND	Kumon	start 16.4.18	
10	11:00-11:30					Yoga (Steph)					Branching Out					MIND	(-11:15) Kumon	Lingotots	
11	11:30-12:00					(-11:45) Yoga (Steph)					Branching Out			Baby Group		MIND		Karate	
12	12:00-12:30							(12:15) Stretch &			Branching Out			Baby Group		MIND		Karate	
13	12:30-1:00							Stretch & Strengthen			Branching Out			Baby Group		MIND		Karate	
14	1:00-1:30							(-1:15) Stretch &			Branching Out			Baby Group				Karate	
15	1:30-2:00		Dancing Ducklings				(1:45 Sandra therapy)				Branching Out			Baby Group					
16	2:00-2:30		Dancing Ducklings		Feldenkrais		Sandra therapy							Baby Group	Feldenkrais			Achieving 11+	
17	2:30-3:00				Feldenkrais		(-2:45) Sandra								Feldenkrais			Achieving 11+	
18	3:00-3:30			CCC Club	Feldenkrais		CCC Club			CCC Club			CCC Club		Feldenkrais	CCC Club		Achieving 11+	
19	3:30-4:00	(3:45) Kids Street Dance (EOS)		CCC Club			CCC Club			CCC Club		Kids Ballet (EOS)	CCC Club		(3:45) Haya Drama	CCC Club		Achieving 11+	
20	4:00-4:30	Kids Street Dance (EOS)	(4:15) Kumon	CCC Club		Kids Ballet (Fairweather)	CCC Club			CCC Club		Kids Ballet (EOS)	CCC Club		Haya Drama	CCC Club		Achieving 11+	
21	4:30-5:00	Kids Street Dance (EOS)	Kumon	CCC Club		Kids Ballet (Fairweather)	CCC Club			CCC Club		Kids Ballet (EOS)	CCC Club	Haya Drama	Haya Drama	CCC Club		Achieving 11+	
22	5:00-5:30	(-5:15) Kids Street Dance	Kumon	CCC Club	Kids Ballet (Fairweather)	Kids Ballet (Fairweather)	CCC Club			CCC Club		Kids Ballet (EOS)	CCC Club	Haya Drama	Haya Drama	CCC Club		Achieving 11+	
23	5:30-6:00		Kumon	CCC Club	Kids Ballet (Fairweather)	Kids Ballet (Fairweather)	CCC Club			CCC Club			CCC Club	Haya Drama	Haya Drama	CCC Club			
24	6:00-6:30		(- 6:15) Kumon	CCC Club	Kids Ballet (Fairweather)		CCC Club			CCC Club	Pilates		CCC Club	Haya Drama	Haya Drama	CCC Club			
25	6:30-7:00	Yoga (Roberta)			Kids Ballet (Fairweather)			(6:45) Yoga (Mary)	Pilates		Pilates								
26	7:00-7:30	Yoga (Roberta)	Kettlebells		(7:15) Tai Chi	Yoga (Steph)		Yoga (Mary)	Pilates		Pilates								
27	7:30-8:00	Yoga (Jean)	Kettlebells		Tai Chi	Yoga (Steph)		Yoga (Mary)			Pilates								
28	8:00-8:30	Yoga (Jean)	HIIT		Tai Chi			(-8:15) Yoga (Mary)				Kettlebells							
29	8:30-9:00	Yoga (Jean)			Tai Chi							Kettlebells							
30	9:00-9:30																		